

Dramatic Decrease in Malaria Transmission after Large-Scale Indoor Residual Spraying with Bendiocarb in Benin, an Area of High Resistance of *Anopheles gambiae* to Pyrethroids

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Abstract. In 2008, the National Malaria Control Program in Benin implemented a vector control intervention based on indoor residual spraying (IRS). Four districts of high resistance of *Anopheles gambiae* to pyrethroids were sprayed with bendiocarb. More than 350,000 inhabitants have been protected. Entomologic parameters in the control area were compared with those in intervention sites. The study has shown a drastic decrease in the *An. gambiae* biting rate in the sprayed areas. Results of an enzyme-linked immunosorbent assay were negative for *Plasmodium falciparum* antigen during the entire period of the intervention. No household members received infected bites (entomologic inoculation rate = 0 during January–July). Parous rates were low in areas covered by IRS because bendiocarb is not conducive to long-term mosquito survival. Bendiocarb was found to be a good alternative insecticide for IRS in Benin, in areas where *An. gambiae* has developed high resistance to pyrethroids.

INTRODUCTION

Malaria is a major public health problem in Africa. It is the leading cause of morbidity and mortality and of loss of work days.^{1–3} Two methods are currently used to control this disease: indoor residual spraying (IRS) of insecticides and use of insecticide treated nets (ITNs). In sub-Saharan Africa and southern Asia, these two methods have shown good results,^{4,5} but they have their drawbacks.

The main problem with ITNs and IRS is the development of insecticide resistance, particularly pyrethroid-resistance by several populations of *Anopheles gambiae*.^{6–9} In the past decade, the emergence of resistance in populations of *An. gambiae* to common classes of insecticides used in public health has been reported in many countries in Africa, including Côte d'Ivoire,⁶ Kenya,¹⁰ Benin,^{11,12} Niger,¹³ Burkina Faso,¹⁴ Mali,¹⁵ Nigeria,¹⁶ South Africa¹⁷ and Cameroon.¹⁸ In addition, N'Guessan and others¹⁹ have demonstrated a decrease in the efficacy of treated nets and IRS using pyrethroids against *An. gambiae* in a peri-urban area of Benin, where this species has developed high-level resistance to permethrin. In recent reports,^{20,21} widespread distribution of pyrethrinoid resistance in *An. gambiae* was shown in southern Benin, and there was a significant increase level of the *kdr* mutation, which remains the major resistance mechanism detected. A lowest frequency of *Ace-1^R* was recorded during the same study and may be a sign of encouragement to use carbamates or organophosphates as alternative insecticides to pyrethroids for IRS in Benin.

In another study,²² which included four months evaluation of various insecticides in experimental huts, three insecticides (Sumithion 40 WP [Fenitrothion]; Master Quick ZC [mixture of chlorpyrifos, 250 g/L plus deltamethrin, 12 g/L]; and Ficam M [bendiocarb, 800 g/kg]) were effective against pyrethroid-resistant *Anopheles*. However, bendiocarb is the only product that the National Malaria Control Program (NMCP) has selected for the implementation of IRS in Benin because the Master Quick ZC formulation is not approved by the World Health Organization Pesticide Evaluation Scheme for its use. With regard to Sumithion 40 WP, doubts were raised on its

safety in terms of its secondary effects and odor. This study was conducted at the experimental hut level and it is difficult to extrapolate from these results what might happen at a larger-scale community level.²²

The present study aims to evaluate the entomologic impact after large-scale implementation of IRS with bendiocarb in areas of high resistance to pyrethroids in *An. gambiae*. The NMCP in Africa has usually implemented adapted strategies. However, it is widely recognized that evaluation and routine vector surveillance is a weak component of many national disease control programs. Therefore, it is important to assess the efficiency of the vector control strategies in areas where mosquitoes have developed high-level resistance to pyrethroids.

MATERIALS AND METHODS

Intervention areas. The study was conducted in four districts of Oueme Department (Adjohoun, Dangbo, Seme, and Misserete) in Benin (Figure 1). The first three districts are characterized by the presence of two types of environment. The first environment is a plateau zone situated far from flooding areas. In this study, this zone is referred to as the plateau area or IRS arm. In the plateau area, mosquito breeding sites are created, particularly during the rainy seasons; more than 90% of households have been treated with bendiocarb at a dose of 400 mg/m². The second environment is represented by a swampy zone on the border of the Oueme River and Lake Nokoue. This zone is referred to as the swampy area or long-lasting insecticide-impregnated net (LLIN) arm.

During August–November, the Oueme River and Lake Nokoue, enlarged by rains, overflow their banks and invade the surrounding zones with floodwaters during three months (September–October) every year. In the swampy zone, IRS was not implemented because of the presence of the two bodies of water, which could be at risk for contamination by insecticides. Therefore, LLINs were distributed to these households in this area, and particular attention was given to children less than five years of age and pregnant women. More than five kilometers separate the plateau and swampy areas. This distance is sufficient to avoid the movement of mosquitoes on both sides. However, the human population density is high in both areas, and mosquitoes do not need to travel far to feed.

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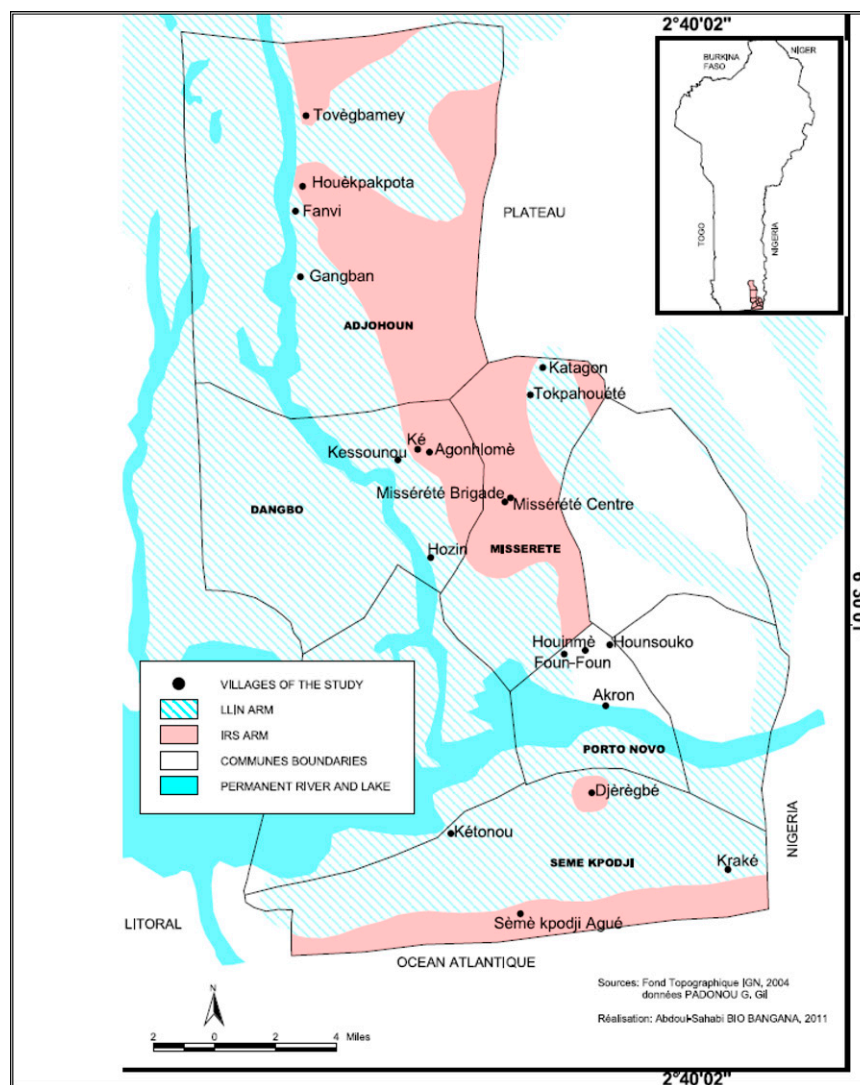


FIGURE 1. Map of the study area in Benin.

Control area. In a context where universal access to LLINs was promoted, it was not easy to find a good control area. However, Akron, an area that presents the same ecological and geographic characteristics as the four districts mentioned above was chosen as the control area. Akron is a peripheral area of Porto-Novo, the administrative capital of Benin, also in Oueme Department (Figure 1). Before IRS implementation and the free distribution of LLINs, a baseline study was carried out in the four districts selected as intervention sites to collect entomologic parameters. The baseline data is shown for a comparison before and after interventions.

IRS with bendiocarb in the plateau areas (IRS arm). Bendiocarb was selected for spraying on the walls. Studies have shown that this insecticide was efficient in phase II evaluations against malaria vectors.^{22,23} The application dose was 0.4 g/m² of bendiocarb on walls of houses. Two rounds of IRS were carried out: the first in July 2008 and the second, eight months later, in March 2009. The two applications were completed by volunteers selected from the local community and trained by the Research Triangle Institute (RTI) team, the implementing partner of the U.S. Agency for International

Development. According to RTI, the coverage rate was more than 90% for each of the two rounds.

LLINs distributed in the swampy areas (LLIN arm). A total of 48,819 LLINs (Permanet 2.0; Vestergaard Frandsen, Lausanne, Switzerland) were distributed in October 2008 and May 2009 in the flood zones. They were distributed to 47,524 households. More than 90% of children less than five years of age and pregnant women received LLINs (RTI, unpublished data).

Mosquito sampling. We evaluated anopheline and culicid biting rates inside and outside houses to identify the changes in mosquito biting behavior induced by the presence of bendiocarb on the walls or deltamethrin on the fibers of Permanet 2.0. In each district, two villages were selected per arm, and two houses were chosen per village for mosquito collection to monitor malaria transmission. Adult mosquitoes were collected twice a month by using human landing catches with one collector located inside and another outside in each village. Mosquito collections were carried out every month to monitor the dynamics of *Anopheles* vector density and to evaluate malaria transmission. In addition, we sampled

mosquitoes using morning pyrethrum spray catches and window exit traps to evaluate the impact of interventions on exit induced by the presence of insecticides. In each intervention area, four bedrooms were selected for mosquito collection in the morning.

Laboratory processing of mosquitoes and parameters studied. On the basis of morphologic characteristics in standard identification keys,²⁴ all female mosquitoes belonging to *An. gambiae* complex were identified. Vector species were dissected by using a microscope to determine the physiological age grading (parous rates) according to the method of Dětínová.²⁵ The head and thoraxes of these females from human landing catches were tested by using an enzyme-linked immunosorbent assay according to Wirtz and others²⁶ for the presence of circumsporozoite protein of *Plasmodium falciparum*. The abdomens of these females were used for identification of species and characterization of molecular forms within the *An. gambiae* complex. This analysis was performed using polymerase chain reaction–restriction fragment length [polymorphism analysis].²⁷

Period of study. The period was conducted during January 2008–December 2009 and spanned two rounds of IRS. To measure the impact of IRS on the biting rate, we compared the values indicated for the same periods, January–July 2008 before IRS and January–July 2009 after IRS. We excluded August–December 2008 and 2009 from the analysis because these two periods were those of IRS implementation, but there is no available database for these periods for before and after intervention.

Statistical analysis. Data were analyzed by using with EPI Info version 6.0 (Centers for Disease Control and Prevention, Atlanta, GA) and SPSS version 16.0 (SPSS Inc., Chicago, IL) software. The efficiency of the intervention was tested by using analysis of variance. We calculated the percentage reduction of the human biting rate (HBR) and the entomologic inoculation rate (EIR) after intervention. The chi-square test was used to compare age grading and exit and blood feeding rates during periods before and after intervention. All tests were performed at the 5% significance level.

Ethical approval. This study was approved by the Ministry of Health and the Center for Entomological Research of Cotonou. The voluntary mosquito collectors provided their consent before participating in the study. They were also subjected to regular medical check-ups, given preventive treatments for malaria, and vaccinated against yellow fever.

RESULTS

Effect of IRS on HBR of *An. gambiae*. During the study period, the *An. gambiae* HBR was 1 bite/person/night during the long dry season and 3.5–14 bites/person/night during the long rainy season in the control area. In intervention areas before IRS, the maximum HBRs (9.86 bites/person/night in Misserete₂ and 15.11 bites/person/night in Seme) were observed in January–July. After IRS, the HBRs were reduced for the same period: 95.2% (2.93 to 0.14 bites/person/night) in Dangbo and 89.04% (9.86 to 1.89 bites/person/night) in Misserete₂ (Table 1).

Effect of LLIN on HBR of *An. gambiae*. The reduction in the HBR observed in the IRS arm was also observed after increasing the rate of coverage of LLINs by using additional Permanet 2.0. In Seme before distribution of LLINs, the *An.*

gambiae HBR was relatively high: 24.43 bites/person/night in January–July 2008. This rate decreased to 6.11 bites/person/night after distribution of LLINs (75% reduction) (Table 2). A similar reduction (72.6%) was found in Dangbo. Data obtained in the two arms indicate a higher decrease in the HBR caused by IRS than by LLIN: a 73.66% reduction versus a 50.63% reduction in Adjohoun ($P < 0.05$) and a 95.22% reduction versus a 72.6% reduction in Dangbo ($P < 0.05$) (Tables 1 and 2).

Effects of IRS and LLIN on EIR of *An. gambiae*. Before IRS, the EIR in the control area was 0.07 infected bites/person/night (Table 1). In the IRS arm, similar EIRs were found: 0.07, 0.10, and 0.07 infected bites/person/night in Adjohoun, Dangbo, and Misserete₂, respectively. These values represent 14.7 infected bites per person in Adjohoun, Misserete₂, and Akron during January–July. In Dangbo and Seme, the rate is higher, respectively, 21 and 94.5 infected bites per human during the 7 months. After IRS, all ELISA results were negative for *P. falciparum* circumsporozoite antigen for all districts during the entire study period. However, during this period, each resident of the control area (Akron) received 0.57 infected bites per night (119.7 infected bites during January–July) (Table 1).

In the LLIN arm, the mean EIR was 0.07, 0.48, and 0.73 infected bites/person/night in Adjohoun, Dangbo and Seme, respectively, during January–July 2008 (Table 2). After additional LLINs (January–July 2009), a decrease of 83.3% in the EIR was observed in Dangbo (Table 2).

Effects of IRS and LLIN on lifespan of *An. gambiae*. Before IRS, the parous rate of *An. gambiae* was high (mean = 77.1% in areas selected for intervention, range = 70.7% in Misserete₂ to 79.5% in Seme). After IRS, the parous rate decreased to 22.94% for the four districts (Table 3). This decrease was observed in all intervention sites (from 79.5% to 33.3% in Seme and from 75.5% to 26.3% in Misserete₂). In Adjohoun and Dangbo, all *An. gambiae* dissected and microscopically examined were nulliparous. The IRS area was not conducive for mosquito survival. In the LLIN arm, the parous rate decreased from 73.58% before additional LLINs to 55.06% after additional LLINs (Table 3). However, in Adjohoun, the difference was not significant ($P > 0.05$).

Effect of IRS and LLIN on exit of mosquitoes from treated houses after feeding. The natural exit rate of *An. gambiae* varied from 26.7% in Misserete₂ to 36.14% in Dangbo. A similar exit rate (38.12% in Dangbo and 39.05% in Adjohoun) was obtained in the LLIN arm. After IRS, the exit rate was high: 62.5% and 91.7% in Adjohoun and Dangbo, respectively. Compared with the natural exit rate of *An. gambiae*, the difference was significant in all study sites (Table 4). In Misserete₁ and Misserete₂, all mosquitoes were collected from window traps: the exit rate induced by bendiocarb in houses was 100%. The same result was found in the LLIN arm; exit rates were higher after distribution of additional LLINs (Table 4).

Effect of IRS and LLIN on blood feeding. Despite IRS implementation, a non-negligible proportion of mosquitoes fed on humans. However, the blood feeding index was significantly lower after IRS than before IRS (Table 5). A similar result was observed in the LLIN arm. Conversely, in Sèmè, the blood feeding rates remained high after distribution of LLINs.

DISCUSSION

The indoor residual spraying strategy implemented by the NMCP in the Department of Oueme was successful. In all

TABLE 1
EIR and HBR before and after IRS intervention, Benin*

Location	Before intervention				After intervention				
	Dry season, January–March 2008		Rainy season, April–July 2008		Dry season, January–March 2009		Rainy season, April–July 2009		
	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	95% CI	% Reduction	
Adjohoun	Total	65	207	272	8	64	72		
	Person night	48	64	112	48	64	112		
	HBR	1.35	3.23	2.43	0.17	0.17	0.64	0.64	73.66
	S%	0	5.71	3.12	0	0	0	0	100
Dangbo	Total	48	280	328	0	16	16		
	Person night	48	64	112	48	64	112		
	HBR	1	4.375	2.93	0	0.25	0.14	0.14	95.22
	S%	2.08	4.49	3.64	0	0	0	0	100
Misserete 1	Total	38	98	136	11	11	11		
	Person night	48	64	112	48	64	112		
	HBR	0.79	1.53	1.21	0.23	0	0.1	0.1	91.73
	S%	0	0	0	0	0	0	0	–
Misserete 2	Total	160	944	1,104	0	121	121		
	Person night	48	64	112	48	64	112		
	HBR	3.33	14.75	9.86	0	1.89	1.08	1.08	89.04
	S%	0	1.07	0.71	0	0.84	0.84	0.84	87.14
Seme	Total	100	1,592	1,692	29	507	536		
	Person night	48	64	112	48	64	112		
	HBR	2.08	24.88	15.11	0.6	7.92	4.79	4.79	68.29
	S%	1.92	3.5	3.01	0	0	0	0	100
Akron control	Total	48	224	272	50	896	946		
	Person night	48	64	112	48	64	112		
	HBR	1	3.5	2.43	1.04	6.34	8.45	8.45	–248.14
	S%	0	4.3	2.98	8.16	6.85	6.85	6.85	–7.14
EIR	0	0.15	0.07	0.08	0.88	0.57	0.57		

* EIR = entomologic inoculation rate; HBR = human biting rate; IRS = indoor residual spraying; CI = confidence interval; S% = sporozoite index; EIR is given as infected bites/person/night.

TABLE 2
EIR and HBR before and after LLIN intervention, Benin*

Location	Before intervention						After intervention												
	Dry season, January–March 2008			Rainy season, April–July 2008			January–July 2008			Dry season, January–March 2009			Rainy season, April–July 2009			January–July 2009			
		95% CI		95% CI		95% CI		95% CI		95% CI		95% CI		95% CI		95% CI		95% CI	
Adjohoun	Total	59	837		896		64		378		442		442		442		442		442
	Person night	48	64		112		48		64		112		112		112		112		112
	HBR	1.23	0.23–2.22	13.08	0.66–25.49	8	0.23–15.77	1.33	-1.79 to 4.45	5.91	-0.55 to 12.36	3.95	0.40–7.50	3.95	0.40–7.50	3.95	0.40–7.50	3.95	0.40–7.50
	S%	0	1.17	0.15	0.07	0.87	0.07	0	0	0	0	0	0	0	0	0	0	0	0
Dangbo	EIR	0	0.15	0.07	0.07	0.07	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total	384	1,520		1,904		42		480		522		522		522		522		522
	Person night	48	64		112		48		64		112		112		112		112		112
	HBR	8	-17.82 to 33.82	23.75	0.71–46.79	17	3.54–30.46	0.875	-1.59 to 3.34	7.5	0.94–14.06	4.66	0.39–8.94	4.66	0.39–8.94	4.66	0.39–8.94	4.66	0.39–8.94
Seme	S%	0	4.70	1.11	2.86	0.48	0	0	0	0	0	0	0	0	0	0	0	0	0
	EIR	0	1.11	0.48	0.48	0.48	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total	288	2,448		2,736		11		673		684		684		684		684		684
	Person night	48	64		112		48		64		112		112		112		112		112
Akron control	HBR	6	-13.37 to 25.37	38.25	13.65–62.85	24.43	5.10–43.76	0.23	-0.32 to 0.77	10.52	-2.45 to 23.48	6.11	-1.26 to 13.47	6.11	-1.26 to 13.47	6.11	-1.26 to 13.47	6.11	-1.26 to 13.47
	S%	0	4.83	1.84	3	0.73	0	0	0	0	0	0	0	0	0	0	0	0	0
	EIR	0	1.84	0.73	0.73	0.73	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total	1,008	2,208		3,216		390		2,312		2,702		2,702		2,702		2,702		2,702
Akron control	Person night	48	64		112		48		64		112		112		112		112		112
	HBR	21	-10.35 to 52.35	34.5	-7.27 to 76.27	28.71	9.10–48.33	8.13	-7.74 to 23.99	36.13	-5.53 to 77.78	24.13	1.85–46.40	24.13	1.85–46.40	24.13	1.85–46.40	24.13	1.85–46.40
	S%	2	3.33	1.14	3	0.86	0.12	1.53	3.57	1.29	2.92	0.7	2.92	0.7	2.92	0.7	2.92	0.7	2.92
	EIR	0.42	1.14	0.86	0.86	0.86	0.12	1.53	3.57	1.29	2.92	0.7	2.92	0.7	2.92	0.7	2.92	0.7	2.92

*EIR = entomologic inoculation rate; HBR = human biting rate; LLIN = long-lasting insecticide-impregnated net (Permanet 2.0; Vestergaard Frandsen, Lausanne, Switzerland); CI = confidence interval; S% = sporozoite index; EIR is given as infected bites/person/night.

TABLE 3

Variation of parturity rate of *Anopheles gambiae* s.l. collected during the long dry season and the long rainy season in 2008 before IRS and LLIN interventions and in the same subsequent period, Benin*

Location	IRS arm				Comparison of P rate % before and after IRS	LLIN arm				Comparison of P rate before and after LLIN
	Before intervention, January–July 2008		After intervention, January–July 2009			Before intervention, January–July 2008		After intervention, January–July 2009		
	No.	P rate %	No.	P rate %		No.	P rate %	No.	P rate %	
Adjohoun	128	79.41	72	0	$P < 0.05$	229	68.18	121	61.15	$P > 0.05$
Dangbo	137	78.83	16	0	$P < 0.05$	279	73.11	166	61.44	$P < 0.05$
Misserete 1	116	70.68	11	54.54	$P > 0.05$					
Misserete 2	139	75.53	118	26.27	$P < 0.05$					
Seme	166	79.51	123	33.33	$P < 0.05$	200	80.5	118	39.83	$P < 0.05$
Akron control	134	67.16	175	80.57	$P < 0.05$	200	80	205	80	$P > 0.05$
Total	820	76.96	515	22.94	$P < 0.05$	908	73.58	610	55.06	$P < 0.05$

* IRS = indoor residual spraying; LLIN = long-lasting insecticide-impregnated net (Permanet 2.0; Vestergaard Frandsen, Lausanne, Switzerland); No. = no. collected and dissected; P rate % = parturity rate %.

districts that used IRS, the density of *An. gambiae* (HBR) and the EIR showed a reduction of 94.4%. *Anopheles gambiae* positive for *P. falciparum* were not found during the evaluation period. This finding is justified by the scale of the campaign. Furthermore, because the four districts were contiguous, spraying covered a large area populated by nearly 350,000 persons. However, although positive results for CS protein were not found, this result does not indicate that malaria transmission was interrupted. Persons likely continued to receive a few infected *An. gambiae* bites. However, the proportion of infected mosquitoes was so low that it would have been necessary to analyze thousands of mosquitoes to find any positive for malaria parasites.

The first challenge for the NMCP, to identify a non-pyrethroid as alternative insecticide for IRS campaigns in Benin, has been achieved. Bendiocarb has emerged as a promising insecticide for the control of vector populations that are resistant to pyrethroids. Many countries, such as Mexico,²⁸ Zimbabwe,²⁹ the Philippines,³⁰ and South Africa,³¹ have decreased malaria effectively by using this product. Previous studies in experimental huts showed that some organophosphates and carbamates were particularly effective on natural populations of vectors that are highly resistant to pyrethroids.³² This result

is the reason why Zaim and Guillet³³ have suggested that the search for control methods other than pyrethroids should be a priority for the NMCP in Africa.

The second challenge for the NMCP, to expand the successful findings for Oueme to other parts of Benin where *An. gambiae* has developed strong resistance to pyrethroids, has also been successful. This success was caused by several factors. In addition to the lethal effect of bendiocarb on mosquitoes that are resistant to pyrethroids,^{19,22} persons who had bed nets, especially children and pregnant women, used them. However, the proportion of consistent users was low. Conversely, IRS sites became inhospitable areas for mosquitoes to survive and most died before the end of the sporogonic cycle of *Plasmodium*. The unpleasant atmosphere created by the presence of bendiocarb on the walls inside houses is harmful to the mosquitoes. This atmosphere results in a decrease in endophily and an increase in the exit rate (Table 4). Thus, some *Anopheles* mosquitoes that managed to enter houses failed to obtain blood meals before exiting. However, some succeeded in obtaining blood meals inside houses (Table 5).

Despite the effectiveness of IRS, this method has its limitations. When mosquitoes enter the houses, even those houses that are treated, they go directly to their host to obtain a blood

TABLE 4

Exit rate for *Anopheles gambiae* from bendiocarb-treated walls and presence of LLINs in houses during the same period (long rainy season), Benin*

Location	Before intervention (May–July 2008)				After intervention (May–July 2009)				Comparison of exit rates before and after intervention
	Total	No.	Exit rate, %		Total	No.	Exit rate, %		
			Mean	95% CI			Mean	95% CI	
Adjohoun									
IRS arm	84	26	30.17	20.17–40.92	32	20	62.50	39.53–85.47	$P < 0.05$
LLIN arm	91	36	39.05	30.59–47.51	72	64	88.89	76.94–100.84	$P < 0.05$
Dangbo									
IRS arm	84	31	36.14	24.26–48.01	48	44	91.67	91.67–91.67	$P < 0.05$
LLIN arm	82	32	38.12	31.50–44.75	100	48	47.77	39.61–55.92	$P < 0.05$
Misserete 1									
IRS arm	84	32	37.88	29.09–46.66	5	5	100.00	100–100	$P < 0.05$
Misserete 2									
LLIN arm	288	78	26.7	20.35–33.04	4	4	100.00	100–100	$P < 0.05$
Seme									
IRS arm	388	138	35.62	28.83–42.40	0	0			
LLIN arm	90	35	38.62	29.42–47.81	216	142	67.15	61.68–72.44	$P < 0.05$
Akron control									
IRS control	88	43	50.42	42.51–58.31	132	64	47.92	43.07–52.76	$P > 0.05$
LLIN control	404	188	46.14	42.25–50.02	384	184	49.13	43.65–54.62	$P > 0.05$

* Exit rate is the estimated rate of the number of *An. gambiae* that have escaped treated walls and LLINs and are retained in the exit window traps. LLIN = long-lasting insecticide-impregnated net (Permanet 2.0; Vestergaard Frandsen, Lausanne, Switzerland); No. = number that exited the window trap; CI = confidence interval; IRS = indoor residual spraying.

TABLE 5

Percentage of blood-feeding *Anopheles gambiae* collected in IRS and LLIN arms by pyrethrum spray catch and in exit windows traps before and after interventions, Benin*

Location	Before intervention (May–July 2008)				After intervention (May–July 2009)				Comparison of blood feeding rate before and after intervention
	Total	No. fed	Blood-feeding rate, %		Total	No. fed	Blood-feeding rate, %		
			Mean	95% CI			Mean	95% CI	
Adjohoun									
IRS arm	84	44	52.38	50.37–53.63	32	11	34.3	4.10–64.40	<i>P</i> < 0.05
LLIN arm	91	61	66.7	61.90–71.44	72	20	33.3	19.79–46.88	<i>P</i> < 0.05
Dangbo									
IRS arm	84	46	54.3	50.37–58.30	48	8	16.5	–34.82 to 66.82	<i>P</i> < 0.05
LLIN arm	82	57	70.2	62.05–78.28	100	22	22	18.35–25.30	<i>P</i> < 0.05
Misserete 1									
IRS arm	84	43	50.7	44.86–56.48	5	2	41.5	–66.50 to 149.50	<i>P</i> < 0.05
Misserete 2									
LLIN arm	288	180	62.2	58.11–66.23	4	2	50	50.00–50.00	<i>P</i> < 0.05
Seme									
IRS arm	388	213	54.3	43.74–64.93	0	0			
LLIN arm	90	52	58.3	49.19–67.47	216	152	72.3	57.13–87.54	<i>P</i> < 0.05
Akron control									
IRS control	88	52	61.7	49.86–73.48	132	80	60	50.20–69.80	<i>P</i> > 0.05
LLIN control	404	264	64.3	56.69–71.98	384	200	54.7	43.87–65.46	<i>P</i> > 0.05

* IRS = indoor residual spraying; LLIN = long-lasting insecticide-impregnated net (Permanet 2.0, Vestergaard Frandsen, Lausanne, Switzerland); CI = confidence interval.

meal before resting on walls or seeking to escape if the houses are treated. This situation was found in experimental huts for many insecticides²² and at community level.³⁴ This finding is why we have proposed that the NMCP always invite communities in Benin who are protected by IRS to add sleeping under LLINs to supplement malaria control efforts.

The IRS campaign in the Department of Oueme was an initial experience. The plan was to implement IRS strategy in other parts of Benin if initial results were encouraging. Fortunately, not only were the results good, but many communities have expressed appreciation for the strategy.

Implementation of IRS should not exclude use of LLINs by the community. The proportion of fed *An. gambiae* collected in soaked window exit traps was not significantly different from that observed before the IRS. Some families, particularly husbands and wives, usually sleep under bed nets. For these families, bed nets are considered an essential preventive measure. Despite implementation of IRS, these families should be encouraged to use their bed nets. The best strategy is the joint use of IRS plus LLIN. This combination not only protects homes from invasion by mosquitoes, it also prevents contact between humans and mosquitoes. However, such a strategy implicates an increase in the cost of malaria prevention and cannot be implemented everywhere. It must be reserved only for areas with highest levels of malaria transmission. For example, in areas where EIR is approximately 300 *Anopheles* infected bites per year, a 90% reduction is not sufficient to significantly reduce malaria prevalence.

In areas where persons were protected by LLINs, appreciable reductions in biting rates were also observed. The high coverage of LLINs was the major factor for this reduction. In the LLIN area, nets were used systematically because of the nuisance of Culicidae, particularly *Mansonia* spp. and *Culex* spp.³⁵ If widely used, LLINs may be an effective means of vector control^{36–38} and significantly reduce malaria mortality.³⁹

Success of LLINs, despite pyrethroid resistance, may also be justified by the role of mechanical barrier played by this tool.⁴ In addition, efficacy of LLINs could be justified by the results of Chandre and others,⁴⁰ who showed that mosquito nets impregnated with permethrin or deltamethrin had long-

lasting effectiveness against *An. gambiae* in west Africa with kdr-type resistance. These authors reported that pyrethroid-impregnated bed nets provided good levels of protection against kdr homozygous strains of *An. gambiae*. One explanation for this finding is that a high proportion of kdr females are killed by prolonged contact with pyrethroids through diminished sensitivity to the usual irritant and repellent effects, and relatively few kdr females take advantage of this prolonged contact to ingest a blood meal.⁴⁰

After a meeting with all partners involved in malaria vector control in Benin, the NMCP decided to continue to implement this strategy in other regions of Benin. This strategy will now be implemented in the Department of Atacora.

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